

Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0600	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up
0615	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene
0645	Room Cleaning	Room Cleaning	Room Cleaning	Room Cleaning	Room Cleaning	Room Cleaning	Room Cleaning
0700	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
0730	Chores	Chores	Chores	Chores	Chores	Chores	Chores
0750	Unit Deep Cleaning	School	School	School	School	School	Unit Deep Cleaning
1000	Structured Unit Activity						Serenity
1100		Nursing Group					
1200	LUNCH	School	School	School	School	School	LUNCH
1230	<i>Level I, II & III Video Game & TV Relaxation</i>						Excellence Awards
1345							
1405		Horse Therapy	Group Process	Expressive Therapy	Expressive Therapy	Group Process	
1430							
1530	Quiet Time	Group Process	Quiet Time	Quiet Time	Quiet Time / <i>Library</i>	Quiet Time	Quiet Time
1630	Relaxation Skills	Strengths	DBT Skills	Social Skills	Relaxation Skills	DBT Skills	Social Skills
1730	GYM / Unit Structured Exercise	GYM / Unit Structured Exercise	GYM / Unit Structured Exercise	GYM / Unit Structured Exercise	GYM / Unit Structured Exercise	GYM / Unit Structured Exercise	GYM / Unit Structured Exercise
1800	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
1830	Hygiene & Chores	Hygiene & Chores	Hygiene & Chores	Hygiene & Chores	Hygiene & Chores	Hygiene & Chores	Hygiene & Chores
1845	Goals & Community	Goals & Community	Goals & Community	Goals & Community	Goals & Community	Goals & Community	Goals & Community
1945	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene
2030	TZ, RZ & Orientation Level Bedtime	TZ, RZ & Orientation Level Bedtime	TZ, RZ & Orientation Level Bedtime	TZ, RZ & Orientation Level Bedtime	TZ, RZ & Orientation Level Bedtime	TZ, RZ & Orientation Level Bedtime	TZ, RZ & Orientation Level Bedtime
	<i>Level I, II & III Video Game & TV Relaxation</i>	<i>Level I, II & III Video Game & TV Relaxation</i>	<i>Level I, II & III Video Game & TV Relaxation</i>	<i>Level I, II & III Video Game & TV Relaxation</i>	<i>Level I, II & III Video Game & TV Relaxation</i>	<i>Level I, II & III Video Game & TV Relaxation</i>	<i>Level I, II & III Video Game & TV Relaxation</i>
2130	Level I, II & III Bedtime	Level I, II & III Bedtime	Level I, II & III Bedtime	Level I, II & III Bedtime	Level I, II & III Bedtime		
2200	<i>*** Status Required for this Privilege</i>					Level I, II & III Bedtime	Level I, II & III Bedtime